Couscous - in an English style

Ingredients:

300 grams Couscous, steamed and buttered

50 ml Olive oil

300ml Stock

25 grams Butter

10 Spring onions finely chopped

2 handful of Mint leaves finely chopped

80 grams of sliced Almonds

1 handful of dried Apricots



Method:



Heat up a heavy pan with a well fitting lid, preferably a cast iron casserole which will retain the heat. Pour in most of the olive oil and when very hot add the couscous, turn it in the oil and roast for about 2 minutes.

Pour in the stock and stir into the couscous thoroughly then turn off the heat and cover. Leave for 10 to 15 minutes while the heat of the casserole steams the couscous in the stock.

Put the remaining olive oil in a small frying pan and gently toast the sliced almonds adding a pinch of salt. When they start to brown remove from the heat.

